

# HealthTrack Gym Schedule

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday									
	WEST	EAST	WEST	EAST	WEST	EAST	WEST	EAST	WEST	EAST	WEST	EAST	WEST	EAST								
5:00															5:00							
8:00															8:00							
8:30															8:30							
9:00		Childcare 9am -12		Childcare 9am -12		Childcare 9am -12		Childcare 9am -12		Childcare 9am -12		Childcare 8:30-12		Childcare 8:30-12	9:00							
9:30																					9:30	
10:00																						10:00
10:30																						10:30
11:00																						11:00
11:30															11:30							
12:00	21+ Years Old Full Court Basketball 12-1 pm	21+ Years Old Full Court Basketball 12-1 pm					21+ Years Old Full Court Basketball 12-1 pm	21+ Years Old Full Court Basketball 12-1 pm	21+ Years Old Full Court Basketball 12-1 pm	21+ Years Old Full Court Basketball 12-1 pm	Pickleball 3.0-3.5 LEAGUE 12-1:30 pm (Boxing allowed)				12:00							
12:30																						
1:00	18+ Years Old Full Court Basketball 1-2 pm	18+ Years Old Full Court Basketball 1-2 pm			Pickleball Drill 1-2 pm (sign up)	Pickleball Open Play 1-3 pm	18+ Years Old Full Court Basketball 1-2 pm	18+ Years Old Full Court Basketball 1-2 pm	18+ Years Old Full Court Basketball 1-2 pm	18+ Years Old Full Court Basketball 1-2 pm	18+ Years Old Full Court Basketball 1-2 pm	18+ Years Old Full Court Basketball 1-2 pm	Pickleball 2.5 -3.0 LEAGUE 1 - 2:30 pm (Boxing allowed)		1:00							
1:30																						
2:00					Stay & Play! 2-3pm	Pickleball Open Play 1-3 pm							Basketball only 1:30-2:30pm	Basketball only 1:30-7 pm	Basketball only 2:30-6 pm	2:00						
2:30																				2:30		
3:00															3:00							
3:30															3:30							
4:00		Childcare 4 - 5 pm		Childcare 4 - 5 pm		Childcare 4-5 pm		Childcare 4-5 pm		Childcare 4-5 pm		Childcare 4-5 pm		Childcare 4-5 pm	4:00							
4:30																						4:30
4:30	Pickleball Open Play 4:30-6:30 pm (boxing allowed)														4:30							
5:00																5:00						
5:30															5:30							
6:00		Basketball only 6-10 pm	Pickleball Advanced League 6:00-7:30 pm (Boxing allowed)												6:00							
6:30																	6:30					
7:00																		7:00				
7:30																		7:30				
8:00																		8:00				
10:00															10:00							
	Pickleball Open Gym is reserved for members and their guests ONLY!											Gym Schedule Available @ HTSW.NET										

\* Non-reserved times are on a first come, first serve basis.

Please be courteous of those who come before you