

Therapy Pool Schedule **Thanksgiving Week** Nov 20 - Nov 25

Adult Supervision required for swimmers under the age of 16

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Hours	Saturday/Sunday
5-6am				Club Closed for Thanksgiving		7-8am	
6-7					8-9		
7-8					9-10		
8-9					10-11		
9-10	Adults & Private Instruction <u>ONLY</u> 9am-11am	Adults & Private Instruction <u>ONLY</u> 9am-11am			11-12pm		
10-11					12-1		
11-12					1-2	Adults & Private Instruction <u>ONLY</u> 1pm-3pm	
12pm			Warm Water Pilates 12pm-12:45pm *45 minutes		Warm Water Tai Chi 12pm-1pm	2-3	Family Swim 3pm-5pm
12:30-1			Adults & Private Instruction <u>ONLY</u> 1pm-3pm		Adults & Private Instruction <u>ONLY</u> 1pm-3pm	3-4	
1-2						4-5	
2-3	Camp Quest 2:30 3:30	Camp Quest 2:30 - 3:30				5-close	Club Hours: Monday - Friday 5am - 10pm Saturday 7am - 7pm Sun 7am-6pm *Pool closed during Group Lessons *Private Lessons may be given at any time Temp: 90-92 degrees
3-4			Camp Quest 3-3:30		Camp Quest 3-3:30		
4-5							
5-6			Family Swim 5pm-7pm		Family Swim 5pm-7pm		
6-7		Balance & Breath 6:30pm-7:30pm					
7-8							
8-10							