

Therapy Pool Summer Break Schedule

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Hours	Saturday/Sunday
5-6am						7-8am	
6-7						9-10	
7-8						10-11	
8-9						11-11:30	\$ Swim Classes \$ 11:30am-12pm Class Participants Only *Saturday Only*
9-10	Adults Only 9am-11am	Adults Only 9am-11am		Adults Only 9am-11am		11:30-12	
10-11							12pm-1
11-12						1-2	
12pm-12:15			Warm Water Pilates 12pm-12:45pm *45 minutes			2-3	
12:15-1						3-4	Family Swim 3pm-5pm
1-2			Adults Only 1pm-3pm		Adults Only 1pm-3pm	4-5	
2-3							5-6
3-3:30	\$ Swim Classes \$ 3pm-5pm Class Participants Only	\$ Swim Classes \$ 3pm-5pm Class Participants Only				Club Hours: M-F: 5am-9pm Sat & Sun: 7am-6pm	
3:30-5							
5-6		Family Swim 5pm-6pm		Family Swim 5pm-7pm			
6-6:30							
6:30-7:15		Balance & Breath 6:30pm-7:15pm					
7:15-9							

Private Swim Lessons may be in progress at any time |

Temperature 90-92° |

Updated 8-4-22 |

\$\$- classes require a fee & * require sign-up.