

HealthTrack Gym Schedule

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday								
	WEST	EAST	WEST	EAST	WEST	EAST	WEST	EAST	WEST	EAST	WEST	EAST	WEST	EAST							
5:00															5:00						
8:30		Childcare 8-12 PM		Childcare 8-12 PM		Childcare 8-12 PM		Childcare 8-12 PM		Childcare 8-12 PM		Spar Fit 8.15 - 9.15 AM	Childcare 8-11.30 AM		8:30						
9:00																					9:00
9:30																					9:15
10:30																					10:00
10:30																					10:15
11:00																					10:30
11:15														11:00							
11:30														11:30							
12:00	21+ Years Old Full Court Basketball		21+ Years Old Full Court Basketball				21+ Years Old Full Court Basketball		21+ Years Old Full Court Basketball		Pickleball 3.0-3.5 League 11.30-1pm				12:00						
12:30	18+ Years Old Full Court Basketball		18+ Years Old Full Court Basketball				18+ Years Old Full Court Basketball		18+ Years Old Full Court Basketball								12:30				
1:00	18+ Years Old Full Court Basketball		18+ Years Old Full Court Basketball		Pickleball Drill 1-2	Pickleball Open Gym 1-3 pm	18+ Years Old Full Court Basketball		18+ Years Old Full Court Basketball				Pickleball 2.5 -3.0 League 1 - 2:30 pm		1:00						
1:30					Pickleball Beg 2-3											1:30					
2:00											Pickleball Senior League 1:30 - 3 pm					2:00					
2:30															2:30						
3:00															3:00						
3:30															3:30						
4:00		Childcare 4 - 5.30 pm	Pickleball Open Gym 4-5.30 Pm		Childcare 4 - 7 pm										4:00						
4:30																	4:30				
5:00															5:00						
5:30	Pickleball 3.5+ League 5:30 - 7:00 pm							Pickleball Open Gym 4.30 - 6.30 pm							5:30						
6:00														6:00							
6:30														6:30							
7:00	Volleyball 7 - 9 pm		Volleyball 7 - 9 pm		Volleyball 7 - 9 pm		Volleyball 7 - 9 pm								7:00						
7:30																			7:30		
8:00																					8:00
9:00																					9:00
										Updated 1-6-2022		Gym Schedule Available @ HTSW.NET									