

## Group Swim Lessons Levels

**Oysters:** This is a parent participation class to help their children get comfortable in the water. The instructor will use song & games to teach basic skills & safety. This class is for children ages 6 months to 3 years.

**Tadpoles:** This is the first independent swim level. Swimmers must be at least 3 years old to begin this level. The instructor will assist swimmers in learning skills such as blowing bubbles, kicking, arm circles, & floats through games & songs.

**Turtles:** The instructor will assist swimmers in skills such as beginning freestyle arm strokes, breathing to the side, & swimming independently. Swimmers must be able to front float & swim across the pool on their own.

**Sharks:** Sharks is for beginner swimmers ages 8 & up. The instructor will assist swimmers in skills such as freestyle arms with side breathing, kicking on their backs, & treading water.

**Otters:** Swimmers should be able to swim & breathe on their own. Swimmers will work on freestyle with assistance, kicking on their back, & treading water.

## Group Swim Lessons Levels

**Marlins:** Swimmers will learn freestyle & backstroke halfway across the lap pool with no assistance. They will also work on dives & treading water for longer.

**Platypus:** Swimmers will be perfecting their freestyle & backstroke while working on their endurance (25-50 yds). They will also be introduced to breaststroke kick & summersaults.

**Piranhas:** Swimmers learn breaststroke as well as continue practice on freestyle, backstroke, & endurance (50-100 yds). They will also be introduced to butterfly, turns & increased distances with all strokes.

**Youth Swim Clinic:** Swim clinic offers competitive swim workouts & instruction. Correct competitive strokes, starts, turns & finishes will be taught. Swim team workouts will be conducted at participant's ability level. Participants should be at least 6 years old & be able to swim the length of the pool freestyle & backstroke without assistance.

**\*Therapy pool will be closed during lessons\***



# 2021 Fall

**Registration starts  
September 6<sup>th</sup>!**

## Once a Week Group Swim Classes

Member: \$ 55 (5 weeks/5 classes)

\$44 (4 weeks/4 classes)

Guest: \$90 (5 weeks/5 classes)

\$72 (4 weeks/4 classes)

Session 1: Sep. 13<sup>th</sup> – Oct. 13<sup>th</sup>

Session 2: Oct. 18<sup>th</sup> – Nov. 10<sup>th</sup>

Session 3: Nov. 15<sup>th</sup> – Dec. 15<sup>th</sup>

~No classes Thanksgiving week~

### Monday

Tadpoles	4:00 - 4:30pm
Turtles	4:00 - 4:30pm
Otters	4:00 - 4:30pm
Tadpoles	4:45 - 5:15pm
Otters	4:45 - 5:15pm
Tadpoles	5:30 - 6:00pm
Otters	5:30 - 6:00pm
Platypus	5:30 - 6:00pm

### Wednesday

Tadpoles	4:00 - 4:30pm
Turtles	4:00 - 4:30pm
Otters	4:00 - 4:30pm
Tadpoles	4:45 - 5:15pm
Otters	4:45 - 5:15pm
Tadpoles	5:30 - 6:00pm
Otters	5:30 - 6:00pm
Platypus	5:30 - 6:00pm

## Saturday Session Dates

Session 1: Sep. 18<sup>th</sup> – Oct. 16<sup>th</sup>

Session 2: Oct. 23<sup>rd</sup> – Nov. 13<sup>th</sup>

Session 3: Nov. 20<sup>th</sup> – Dec. 18<sup>th</sup>

~No classes Thanksgiving week~

### Saturday

Oysters 11:30am-12pm

(Ages 1 ½ - 3 years)

\*Other classes available upon request

\*Other classes may be added in upcoming sessions

To register, please visit our website, [www.htsw.net](http://www.htsw.net) or call 630-942-9600 x570

## Swim Clinic

Monday's & Wednesday's 4pm-5pm

Member:

1x a week: 2x a week:

5 weeks: \$85 5 weeks: \$170

4 weeks: \$68 4 weeks: \$136

Guest:

1x a week: 2x a week:

5 weeks: \$110 5 weeks: \$220

4 weeks: \$88 4 weeks: \$176

Session 1: Sep. 13<sup>th</sup> – Oct. 13<sup>th</sup>

Session 2: Oct. 18<sup>th</sup> – Nov. 10<sup>th</sup>

Session 3: Nov. 15<sup>th</sup> – Dec. 15<sup>th</sup>

~No classes Thanksgiving week~

## Twice a Week Group Swim Classes

Member: \$ 110 (5 weeks/10 classes)

\$88 (4 weeks/8 classes)

Guest: \$180 (5 weeks/10 classes)

\$144 (4 weeks/8 classes)

Session 1: Sep. 13<sup>th</sup> – Oct. 13<sup>th</sup>

Session 2: Oct. 18<sup>th</sup> – Nov. 10<sup>th</sup>

Session 3: Nov. 15<sup>th</sup> – Dec. 15<sup>th</sup>

~No classes Thanksgiving week~

### Monday & Wednesday

Tadpoles	4:00 - 4:30pm
Turtles	4:00 - 4:30pm
Otters	4:00 - 4:30pm
Tadpoles	4:45 - 5:15pm
Otters	4:45 - 5:15pm
Tadpoles	5:30 - 6:00pm
Otters	5:30 - 6:00pm
Platypus	5:30 - 6:00pm

\*3 participant minimum per class

Tadpoles - 2 participant minimum



## Private Lessons Sold in packages of 5\*

One on One Instructions	Member	Guest
5 Classes	\$120	\$170
10 Classes	\$225	\$315
15 Classes	\$320	\$440
Sibling (2 swimmers immediately related)		
5 Classes	\$80	\$105
10 Classes	\$150	\$200
15 Classes	\$210	\$285
Semi-Private (2 swimmers <b>not</b> immediately related)		
5 Classes	\$95	\$150
10 Classes	\$180	\$280
15 Classes	\$255	\$400
Make Your Own Group (3 or more participants)		
5 Classes	\$70	\$95
10 Classes	\$130	\$180
15 Classes	\$185	\$260

\*All prices listed above are per person

### Private Swim Lesson Policies\*

- Pricing based per person at 30 minute sessions.
- All swimmers must be of similar abilities and/or age.
- Swim Lesson Packages are non-refundable.
- Lessons can be transferred to other immediate family members.
- All Swim Lesson Packages expire 6 months from the date of purchase.

\*See online for all Group & Private Lesson Policies

### Group Lesson Policies\*

- Participant must be on membership to receive member rates. Non-members do not have club privileges.
- Cancellations must be received two weeks prior to start of the session or a \$20 fee will assessed for cancellations within the two week period.
- Once the session has begun, a pro-rated refund will be issued in the event of illness or injury only, contingent upon receiving a physician's note.
- All swim lesson packages expire upon the conclusion of the selected session.
- There are no make-up lessons for missed classes.