



Dear HealthTrack Sports Wellness Members,

We hope that this communication finds all of you safe and healthy and that all of you are coping with these strange times at best you can. It is almost impossible to comprehend that we have been dealing with the Covid situation for close to a year already. Our lives have certainly changed and all of us have made incredible lifestyle changes as this pandemic has evolved. While it is understood that we have many months to go before we reach our "new normal", it is exciting to see the many positive indications of a more promising tomorrow.

We are pleased to announce that the Governor has upgraded our region to Tier 1 Covid Mitigation, thereby lifting more of the restrictions in the Club. Positive changes in the restrictions are coming rapidly, sometimes numerous changes in the same week, so keep reading your Emails to stay updated.

One of the most promising developments is the progressing availability of a vaccine that should bring an immense level of comfort and safety to our community. With the consistent weekly drop in the State positivity rate, we are already seeing a significant return of members back into the Club as many of you restart your health & fitness routines. HTSW is proud of the safety protocols that we have put in place, sometimes more stringent than required, to keep staff & members as safe as possible during their Club experience. We are absolutely proud that we can announce that we have not had a single case reported of Covid 19 transmission from one person to another in the Club. Thank you all for following the protocols!!

We are extremely excited and confident about the weeks ahead and hope to see even more of you returning to daily Club activities. Keep in mind that the Club's busiest Fitness Floor hours remain 9am-10am and 4pm-6pm. If you are looking for a bit more open space, try visiting around these hours.

Currently Offered

- (Face Covering Requirements Vary)
- Day Spa (massage & nail service)
- Group Fitness Classes (Yoga, Pilates & Cycle)
- Pilates Reformer
- Personal Training (Individual & Group)
- Tennis Private & Group Lessons
- Aquatic Private & Group Lessons
- Basketball (non-contact) hoop reservation required
- Pickle Ball
- All Showers!

In closing, please accept our most sincere and heartfelt thank you from all of us at HTSW for your past & current patronage. We wish to thank all of those that remained members, those that chose to temporarily suspend their memberships and even those that felt it prudent to cancel. You are all part of the HTSW family and we wish you the greatest of fitness health & safety!

Cris Castillo
General Manager