



Dear Members,

As we make decisions about our club, we are always thinking about our members, and our staff. Both are very important to us. The current update is taking effect immediately. Some decisions are very difficult and no decisions are taken lightly.

Club Entry

- Only visit the club if you feel healthy
- Any children or adults thought to be sick will be asked to leave the club
- If you have recently returned to Glen Ellyn from a foreign country, please DO NOT enter the club
- Only active HealthTrack members will be admitted to the club
- Guest policy: No guests will be admitted to the club
- Program Participants will only be admitted during their scheduled appointment or class

CANCELATIONS

- No full-court Basketball or one-on-one games
- Aquatics group lessons are canceled until further notice
- Camp Quest is canceled
- Country Line Dancing is canceled for Friday, 3/20/20

Group Fitness Classes Offered: Monday, 3/16/2020

Class sizes are limited and referenced below

- 5:30AM Studio Cycle – Limit 20
- 8:30AM Super Sculpt – Limit 20
- 9:30AM Studio Cycle – Limit 20
- 9:30 AM Yoga II – Limit 12
- 10:30AM Pilates Plus – Limit 15
- 1PM Studio Cycle – Limit 20
- 1PM Yoga I – Limit 12
- 5:30PM Pilates I – Limit 15
- 5:30 PM Dance Jam – Limit 15
- 6:30PM Studio Cycle – Limit 20

The HT Management Staff