



HealthTrack, your community club, is currently open for you, and our hope is to continue to remain open and operational. Together we can make this a comfortable experience for all of us. Please be patient as we navigate the current and fluid environment. Our website, www.HTSW.net, is your best source of information. The exception being the Group fitness class schedule, that will be maintained on the HT App.

Members

- **Only Members and Program Participants will be allowed to enter the club**
 - To remain open, we want to increase social distancing and our members have priority
 - Guests will not be allowed entry
- Respect the CDC's social distancing recommendations
- Take the time to wash equipment before and after use
- Be cognizant of personal hand washing
- Programming will continue as scheduled

Children's Activity Center: effective immediately

One of our primary concerns is always the health and safety of the children utilizing the Children's Activity Center. Because we cannot enforce the CDC social distancing recommendations in the CAC, we are accepting a lower number of reservations and will be implementing new protocols effective immediately:

- NO sick children will be allowed to enter the CAC
 - Please use your best judgement before leaving your house
- Reservations are mandatory
- We will continue to strictly enforce the CAC staff/child ratio
- We will continue to wash children's hands with supervision when entering the CAC and when leaving the CAC
- **Only children that are currently active on their parent's account can access the Club**
 - **No guests will be allowed to use the CAC**

"So far, kids seem to be surprisingly less at-risk to severe infection. But they could play a key role in spreading it, so experts say it's crucial to follow precautions." Wall Street Journal 3/10/2020

Group Fitness Classes: effective Monday 3/16/2020

HealthTrack will comply with the CDC standard of social distancing. Each studio has a new occupancy limit.

Studio 1 – 20 Studio 2- 15 Mind/Body – 12 Studio Cycle – 20

*Classes will fill on a first come first serve basis

Class format and times may be impacted due to instructor availability. Please make sure you are checking our HealthTrack app for the most accurate class schedule. We will do everything possible to offer the variety that you have come to expect.

Classroom equipment cleaning will happen 5 minutes before class starts and 5 minutes before the end of class. Additional disinfectant spray bottles and rags are available in each studio.

Activity is still a top priority for mental and physical well-being and we hope to continue to be that destination for you. As we navigate this experience we appreciate your support. If you have any questions let us know.

The HT Management Staff