



Summer

Tennis at HealthTrack

Whether you are looking for junior or adult classes, HealthTrack has affordable, flexible offerings taught by certified tennis professionals. Please take

a look at the following classes and please reach out to me if you have any questions. I look forward to seeing you on the courts this summer!

All the best,
David Warren, Director of Tennis

Junior Classes

WEEKLY: These classes meet once per week for 4 weeks in Session 1, and 5 weeks in Session 2

Monday					
Class	Age	Time	Session 1	Dates	Fee
Red	5-7	9:30-10:30	Session 2	June 10 – July 1	\$70
Orange	8-10	12-1		Dates	Fee
Green	9-11	1-2		July 8 – August 5	\$85

Tuesday					
Class	Age	Time	Session 1	Dates	Cost
Red	5-7	9:30-10:30	Session 2	June 11 – July 2	\$70
Orange	8-10	12-1		Dates	Fee
Green	9-11	1-2		July 9 – August 6	\$85

Wednesday					
Class	Age	Time	Session 1	Dates	Cost
Red	5-7	9:30-10:30	Session 2	June 12 – July 3	\$70
Orange	8-10	12-1		Dates	Fee
Green	9-11	1-2		July 10 – August 7	\$85

DAILY: These classes meet daily for the entire summer, Monday through Friday (June 10 – August 11)

Class	Age	Time	Description	Cost
GreatBase Academy	11 +	3:30-5:30	GreatBase Academy is a group for goal-oriented players who want to work hard to develop sound technique and play competitively	\$160/week or \$800 for whole summer

CampQuest Tennis	5-8	3:30-4:15	\$12/day with attendance at CampQuest
	9-13	4:15-5	\$12/day with attendance at CampQuest

Adult Classes & Drills

WEEKLY: These classes meet once per week for 4 weeks in Session 1, and 5 weeks in Session 2

Session 1				
Class	Time	Day	Dates	Cost
Advanced Beginner	7-8 PM	Monday	June 10 – July 1	\$80 Tennis member/\$88 Club member/ \$104 Guest
Beginner	7-8 PM	Tuesday	June 11 – July 2	\$80 Tennis member/\$88 Club member/ \$104 Guest
Beginner	7-8 PM	Wednesday	June 12 – July 3	\$80 Tennis member/\$88 Club member/ \$104 Guest

Session 2				
Class	Time	Day	Dates	Cost
Advanced Beginner	7-8 PM	Monday	July 8 – August 5	\$100 Tennis member/\$110 Club member/ \$130 Guest
Beginner	7-8 PM	Tuesday	July 9 – August 6	\$100 Tennis member/\$110 Club member/ \$130 Guest
Beginner	7-8 PM	Wednesday	July 10 – August 7	\$100 Tennis member/\$110 Club member/ \$130 Guest

SIGN-UP DRILLS: These drills meet every Friday and Saturday throughout the year

Class	Time	Day	Cost
Cardio Tennis	8-9 AM	Every Friday	Free
Advanced Beginner	8-9 AM	Every Saturday	\$20 Tennis Member/ \$24 club member/ \$29 guest
Advanced	9-10:30 AM	Every Saturday	\$29 Tennis Member/ \$35 club member/ \$45 guest
Intermediate	10:30 AM-12 PM	Every Saturday	\$29 Tennis Member/ \$35 club member/ \$45 guest

TEAM DRILLS: These drills are open to any NITTL players

Drill	Day	Time	Cost
Divisions 1 & 2	Monday	10:30-12	\$24
Drop-in Drill	Tuesday	12:30-2:00	\$24
Divisions 2, 3, & 4	Wednesday	10:30-12	\$24
All levels	Thursday	10:30-12	\$24

